

# OVEREATERS ANONYMOUS

## 7 C's of RECOVERY

- Want to take a fresh look at your recovery program?
- Keen to meet with others who also want to strengthen their recovery?

Regardless of how well or otherwise you're going in your recovery...

Regardless of how new to OA or how long you've been in OA...

This workshop is guaranteed to be of great value in deepening and broadening your recovery experience

Join us at this safe, friendly, interactive Zoom workshop to connect with other members and experience a recovery re-set

**Sat 1 Jun 2024 10am – 12.30pm**

(online on Zoom - Sydney Australia time)

Register by 5pm the day before, by txt (or WhatsApp) Sharon +61 414 87 47 11

Zoom details will then be sent to you 😊

